

MEN'S FOOT SIZING CHART

16	_____	16
15	_____	15
14	_____	14
13	_____	13
12	_____	12
11	_____	11
10	_____	10
9	_____	9
8	_____	8
7	_____	7
6	_____	6
5	_____	5
4	_____	4

12" —

11" —

10" —

9" —

8" —

7" —

6" —

Consider a

WIDER WIDTH

if your **LEFT FOOT**

significantly overlaps this grey area.

← Place your Right
instep here.

Place your Left
instep here →

Consider a

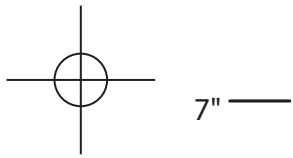
WIDER WIDTH

if your **RIGHT FOOT**

significantly overlaps this grey area.

Use the '+' mark
to align 8.5" x 11"
printouts

Use the '+' mark
to align 8.5" x 11"
printouts



Use the '+' mark
to align 8.5" x 11"
printouts

7" —

6" —

5" —

4" —

3" —

2" —

1" —

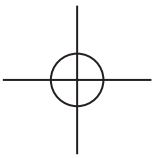
0" —

Use the inch markings to verify
printout accuracy

CanadianFootwear
Since 1932

Your heel should touch, but not
completely cover the bold line

**YOUR HEEL GOES
HERE**



Use the '+' mark
to align 8.5" x 11"
printouts

* Once you have printed the (2) 8.5" by 11" copies, line up the cross-hairs and tape the two sheets together.

*Gently tape the paper to the floor so it doesn't move.

*Stand, placing each foot, one at a time on the sizing grid. Record measurements.

* Measure both feet as they are seldom both exactly the same.

* Be sure to measure from the **heel** to your **longest** toe, which may not be your first toe.

*This grid will help you determine your foot size. Actual shoe size may vary between brands and styles.

*This grid most accurately reflects proper athletic footwear sizing.

*When selecting footwear, always fit the longer foot.