

## **Women's Sandals**

Whether you're looking for a dressy sandal to attend a summer wedding... or a new walking sandal for your upcoming trip to Vegas... Canadian Footwear has the selection and expertise to ensure your feet will feel great and look even better!

As with most types of footwear, there are many points to consider when you are making a sandal purchase. Though many may think so, not all sandals are created equally. You probably would never dream of playing tennis in your dress shoes, so why would you go for a 5 KM walk in a pair of flip flops? As with athletic, dress and casual footwear, there are certain sandal styles that are more suited for specific individuals and activities. Dress, casual and sport sandals all offer many comfort and fit features...let our experienced retail staff have the pleasure of helping you find the right sandal that fits you and your lifestyle.

### **Casual Sandals**

Casual styles are the right choice for those women searching for everyday comfort from sandals that are less athletic and more stylish in appearance. At Canadian Footwear you will find a variety of styles from a multitude of quality brand names that will suit your lifestyle and compliment your daily attire. Choose the latest styles available in an abundance of rich, beautiful colours made with the highest quality fabrics and leathers. These styles are designed to look good and feel great!

### **Dress Sandals**

Dress sandals present more features common to those found on dress shoes. Thinner leather soles, more elegant strapping, and a prominent heel differentiate the dress sandal from the casual styles. For a more formal, warm weather occasion, the dress sandal is the way to go. As with most of our footwear, many styles are available in multiple widths to address narrow and wide fitting concerns.

### **Sport Sandals**

As implied in the name, sports sandals are the desired choice for those who lead a more active lifestyle and put their sandals to a more rigorous test. These sandals provide optimum performance in a wide range of climates and conditions. In colours ranging from natural earth tones to "bright" pinks and purples, our sport sandals give the outdoor enthusiast the opportunity to combine fun with function.

### ***Common Features found on our Sport Sandals include:***

- Adjustable straps with neoprene linings that “snug” the sandal tighter to the foot for more aggressive activity.
- Waterproof uppers and lightweight materials, for wear at the lake or cottage. Sandals made with these waterproof materials remain lighter on the foot because they don't absorb water like leather does.
- Non-slip outsoles that grip better on slippery surfaces like wet rock and grass and wear better on rugged terrain.
- Rigid sole features designed to prevent discomfort and bruising under the foot when traveling over rocky terrain.
- “Rockered” outsoles which help smoothly propel the body through the normal gait cycle. These curved outsoles help reduce stress on many of the body's joints.
- Models that feature covered toes are also available which are great for many outdoor sports activities such as canoeing as they provide a level of foot protection that other sandals don't.
- Removeable heel straps that allow your sport sandal to be converted into a slip on.
- Anti-bacterial foot-beds that resist odour are also becoming a more common feature on better quality sport sandals.

## Additional Sandal Features...

Our casual, dress and sport sandals offer many other great features that ensure you will always move in comfort. Available features include:

- Full grain leather uppers. **Note\*** colour bleeding from leather uppers is common amongst vegetable dyed leathers. These dyes are completely harmless and are much easier on the skin than chemical dyed leathers that don't bleed.
- Removeable foot-beds that accommodate the use of custom made orthotics.
- Multiple styles of closure including velcro, buckles, clips and laces.
- Fully enclosed backs which hold the heel more solidly in place. A great option for those looking for a little more rear foot support and stability.
- Cork and latex based foot-beds that conform to the shape of your foot providing excellent arch support and customized comfort.
- Leather / suede foot beds that absorb perspiration and provide natural comfort.
- Shock absorbing mid-soles. Similar to what you would find in athletic footwear.
- Antimicrobial – odour killing treatments applied to the footbeds/linings
- Soft seams and smooth interior finishing which minimizes irritation to the skin.
- Multiple width and oversize fittings.

**\* See next page for sandal fitting tips...**

## Sandal Fitting Tips

- Toes should be within the foot-bed. They should never be hanging over the sole as this could lead to injury.
- Person's who find themselves catching/tripping over the ends of their sandals may likely need a shorter pair or a sandal that has a more "rockered" curved sole.
- The more "coverage" a sandal has (straps and upper material surrounding the foot) the more supportive the sandal generally is.
- Choose styles that match the shape of your foot. Both oblique and more tapered styles are available.
- Some sandals with formed, cork foot-beds offer a lot of support that may require some getting used to. Gradual increased wear for a couple of weeks from the point of purchase is sometimes necessary.
- If you have bunions or hammertoes, look for styles where the straps do not interfere with bony prominences. You may also want to consider a sandal with a back-strap as slip-ons put more stress on the forefoot and may aggravate an existing foot problem.
- Custom orthotics can be trimmed to fit inside a sandal with a removable foot bed. **Note\*** Many individuals who trim their orthotics to fit in a sandal, find they are a bit short for their walking/casual footwear. Take care when trimming.
- Persons with Diabetes/Neuropathy (loss of feeling in their feet) should consult with their physician before purchasing sandals.